



ALL RICE OF THE WORLD

1. Product name: Palmer Parboiled Rice

2. Product description: Long Grain Easy-Cook Rice

3. Nutrition information: (per 100 g uncooked rice)

Energy (KJ / Kcal)	1480 / 354
Proteins (g)	7,6
Carbohydrates (g)	77
* of which Sugars (g)	0,29
Fat (g)	0,6
* of which Saturates (g)	0,29
Salt (g)	0,01

4. Cooking instructions:

WITHOUT COVER

Fill a large pan with water. Bring to a boil, pour the rice and stir (1 volume of rice + 10 volumes of water). Reduce the heat and let simmer for 16-20 minutes without cover. Drain in a sieve and rinse with boiling water before serving.

“BRAISED”

Take a pan with a thick bottom. Pour the rice in cold water (1 volume of rice + 2 ½ volumes of water). Bring to a boil. Stir and cover tightly. Let simmer for 18 minutes until all water is absorbed.

Allow:

- 50 g per person as side dish
- 60 g per person as main course

5. Product suitable for:

Ovo-lacto-Vegetarian
Lacto-vegetarian
Vegetarian

Vegan
Halal
Kosher

Diabetic

6. Allergens: The rice to be free of any known allergens.

7. Sizes available: 1 KG Block Bottom, 1 KG Pillow, 5 KG, 10 KG, 20 KG, 1000 KG - STORE IN A COOL DRY PLACE



1 KG Block Bottom



1 KG Pillow



5 KG



10 KG



20 KG



1000 KG