



ALL RICE OF THE WORLD

1. Product name: Palmer Parboiled Basmati Rice

2. Product description: Long Grain Gold Premium Easy Cook Basmati Rice

3. Nutrition information: (per 100 g uncooked rice)

Energy (KJ / Kcal)	1461 / 334
Proteins (g)	8,5
Carbohydrates (g)	75,5
* of which Sugars (g)	0,3
Fat (g)	0,9
* of which Saturates (g)	0,2
Salt (g)	0,02

4. Cooking instructions:

WITHOUT COVER

Fill a large pan with water. Bring to a boil, pour the rice and stir. Reduce the heat and let simmer for 10 minutes without cover. Drain in a sieve and rinse with boiling water before serving.

BRAISED

Take a pan with a thick bottom. Pour the rice in cold water (1 volume of rice + 2 ½ volumes of water). Bring to a boil. Stir and cover tightly. Let simmer for 14 minutes. Remove the pan from the heat and let it rest for 2 to 3 minutes before serving.

Allow:

50 g per person as side dish

60 g per person as main course

5. Product suitable for:

Ovo-lacto-Vegetarian
Lacto-vegetarian
Vegetarian

Vegan
Halal
Kosher

Diabetic

6. Allergens: The rice to be free of any known allergens.

7. Sizes available: 1 KG Block Bottom, 5 KG, 10 KG, 1000 KG - STORE IN A COOL DRY PLACE



1 KG Block
Bottom

5 KG

10KG

1000 KG